

**Class Schedule Fall 2010
 September 13 – January 29, 2011**

Please see VashonAlliedArts.org for class descriptions.

Thanksgiving Holiday, Nov 24-27; Winter Break, Dec 20-Jan 2; Nutcracker Performances Dec 3, 4, 5
 Spring Term Dance begins Jan 31.

Dance Faculty: Christine Juarez, Director of Dance; Jill Adomaitis, Dari Haffie
 Accompanist – Susan Reed

MONDAY (Instructor Christine Juarez)

9:30-10:45 Fusion Exercise- instructor Jill Adomaitis
 11:30 -12:30 Parent Toddler Two Step
 12:30-1:30 Creative Movement 3
 1:45:2:45 Creative Movement 4
 4:00-5:30 Ballet III*
 5:30-6:30 BHDC Ballet III
 6:30-8:00 Ballet IV*
 8:00-8:30 BHDC Ballet IV

TUESDAY (Instructor Christine Juarez)

4:00-5:15 Boys Sports Dance
 5:15-6:30 Ballet I
 6:30-8:30 Ballet/Pointe V/VI*

WEDNESDAY (Instructor Dari Haffie)

3:00-4:30 Modern V
 4:30-5:15 BHDC Modern V
 5:15-6:15 Modern IV
 6:15-7:00 BHDC Modern III/IV
 7:00-8:30 World Funk

THURSDAY (Instructor Christine Juarez)

4:00-5:00 Ballet Prep
 4:30-5:45 World Funk for Tweens (at Vashon Athletic Club, Dari Haffie instructor)
 5:00-6:15 Ballet II
 6:15-7:45 Ballet/Pointe V/VI*
 7:45-8:30 BHDC Ballet V/VI

FRIDAY (Instructor Jill Adomaitis)

9:15-10:45 Fusion Exercise
 4:00-5:30 Ballet III*
 5:30-7:00 Ballet IV*
 7:00-7:45 Pointe IV

SATURDAY (Instructor Jill Adomaitis)

10:30-12:30 Ballet VI*
 12:30-1:30 Variations: Ballet Choreography (10 sessions punch card)

*Twice weekly - Ballet levels III and above have companion classes that must be taken together (ie. Ballet III on Monday and Friday)

Pricing (unless noted) based on 18 week term

	Full Payment	5 time payments
45 min class	\$140	\$28
60 min class	\$210	\$42
75 min class	\$225	\$45
90 min class	\$300	\$60
120 min class	\$370	\$74
BHDC	\$180	\$36

**New Students Welcome-
 Scholarships Available!**

Production Fee \$40 – required for dancers invited to perform in “Nutcracker” without registering for BHDC

Punch Cards available for Fusion Exercise and Ballet V/VI
 75 min class - \$120 (ten sessions) 90 min class - \$140 (ten sessions)

Class Descriptions

All classes open to both BOYS AND GIRLS!

*note – age refers to child’s age in Fall 2010

NEW Parent Toddler Two Step (age 2)

Relaxed, interactive movement class for boys and girls.
Adults participate with the child in a fun, friendly environment with live piano.

Creative Movement (ages 3 & 4)

Invites children to expand their world through pathways, basic anatomy, rhythms and improvisation.
Emotions explored through movement with live piano.

Ballet Prep (age 5)

A safe place to experiment with shape, paths, anatomy and body isolations; pre- ballet steps introduced with live piano.

Ballet I & II (ages 6 & 7)

Move into more formal ballet steps, barre work, sequencing, counting and jumps with a touch of spirited free dance.
French vocabulary included with live piano.

Ballet III, IV, V, VI (ages 8-adult) required 2 times a week

Study formal barre, centre, petite allegro and grand allegro. French vocabulary, and memorization of movement stressed. Pre-pointe/pointe by invitation. Live piano. BHDC encouraged.

Pointe IV, V, VI by invitation of instructor

Barre, center and turning sequences stressed. Must be taken with ballet technique class.

Modern III/VI, V (ages 8-adult)

Basic and intermediate dance technique, musicality, conditioning, floor work, improvisation, sequencing, dynamics of movement all stressed. BHDC encouraged.

Boys Dance (ages 8-12)

Emphasizes jumping, leaping, rolling, contact improvisation, basic dance technique and a lot of camaraderie.
Production fee required for participation in “Nutcracker” performance.

World Funk (ages 12-18)

A fun, funky dance class that introduces world rhythms and international dance styles.

NEW World Funk for Tweens (ages 8-12)

This funky dance class introduces world rhythms and international dance styles for both boys and girls.
Taught by Dari Haffie, held at Vashon Athletic Club, class runs 11 wks, Sept. 30-Dec. 16 (no class Nov. 25).
(Price: \$137.50)

Blue Heron Dance Company (BHDC)

A popular component of the dance program, this performance class prepares dancers for the “Nutcracker” performance at VHS Theater. Students learn choreography weekly and are required to attend all rehearsals at the theater and perform. Theater etiquette stressed. Students may take multiple sections of BHDC and are only charged once per term.

Fusion Exercise (adults)

Focuses on development of core strength; includes mat and simple barre work.

Variations (Ballet V/VI only)

This class passes down traditional choreography in which variations on pointe are taught.